

# **Learning the Sequence and Choreography of the Zamba**



## **Lesson 6**

**Full Turns, Half Turns, Tap Moves and  
More...**

**More Fun Awaits after Every Turn!**

## Choreography of the Dance:

A couple. Initial position: straight, faced, giving the gentleman the left to the audience. It is danced with a handkerchief.

This dance begins with the basic step that consists of three movements.

First Movement: Left foot forward

Second Movement: Right foot forward resting its ball beside the left foot, supporting body weight

Third Movement: Left foot sole a little in front of right foot



The following step initiates with right foot.

The dancers have the handkerchief with their right hand, fallen to the side; the man has his left hand down, the lady puts her hands on her waist or takes the skirt with them. The gentleman takes the handkerchief from a tip while the lady does the same but from the middle.

(First part: singer will initiate by saying, “*Primera!*”)

1. **COMPLETE TURN—**

(16 steps) (with handkerchief) The couple meets in the center and the dancers give the turn in 4 series of 4 steps. The first 4 or 8 steps are simple (walking) without movement of the handkerchief. When they finish the turn they stay in the center, each one in their place. They place the right foot ahead in the last step and keep the left one leaning on its tip.

2. **ARRESTS (SIMPLE)—**

(8 steps) (with handkerchief) In the center, the dancers make the arrest towards the left with 4 short steps, describing a small bow, always face to face and within a short distance of one another, moving the handkerchief. In the fourth time, they are in opposite places, they lean on the left foot in order to go to the right with the right foot and they put the handkerchief down a little and at the same time they bow. The exit is towards the right. Then they return to their places, beginning the march with the right foot, they describe a wider bow in 4 steps and go away from the center to their places shaking the handkerchief; in the fourth time, already in their places, they face each other and greet.



### 3. **HALF TURN—**

(8 steps) (with handkerchief) Going to the center, the dancers go out with the left foot and they describe the half turn in two series of 4 steps for each one. When they finish it, they stay in the center, in the opposite place face to face. They shake the handkerchief during the first series of steps then they take it straight with both hands near the chest in the second series.

### 4. **ARRESTS (DOUBLE)—**

(16 steps) (with handkerchief) In the center: Each arrest and exit is described below in a series of 4 steps:

**1. First arrest:** Dancers move towards the left. They go out with the left foot. They join their straight handkerchief near the height of the lady's face, taking them with both hands and giving them a fast fall towards the side of the left movement.

**2. Second arrest:** Dancers move towards the right. They go out with the right foot taking the handkerchief toward the same side.

**3. Third arrest:** Dancers move towards the left. They go out with the left foot taking the handkerchief toward the same side.

**4. Exit:** Dancers move towards the right. They go out with the right foot taking the handkerchief with the right hand and shaking it as a sign of farewell. In the first time the gentleman can raise the handkerchief on the lady's head. In the fourth time, dancers stay in the opposite places.

## **5. HALF TURN—**

(8 steps) (with handkerchief) Going to the center, the dancers go out with the left foot and they describe the half turn in two series of 4 steps for each one. When they finish it, they stay in the center, in the opposite place face to face. They shake the handkerchief during the first series of steps then they take it straight with both hands near the chest in the second series.

## **6. ARRESTS (SIMPLE)—**

(8 steps) (with handkerchief) In the center, the dancers make the arrest towards the left with 4 short steps, describing a small bow, always face to face and within a short distance of one another, moving the handkerchief. In the fourth time, they are in opposite places, they lean on the left foot in order to go to the right with the right foot and they put the handkerchief down a little and at the same time they bow. The exit is towards the right. Then they return to their places, beginning the march with the right foot, they describe a wider bow in 4 steps and go away from the center to their places shaking the handkerchief; the fourth time, already in their places, they face each other and greet.

## 7. HALF FINAL TURN AND CORONATION—

(7 steps) (with handkerchief) The dancers change places and go to the center.

Dancers wait to hear the singer say, “*Segunda!*” Then, they begin the second part. It is equal to the first, but they begin from opposite places. The man’s blockade is identified in this part and the lady finally accepts him, both dancing with great emotion. At last the gentleman crowns the lady with his handkerchief straight with both hands behind the lady’s head.







# Video Demonstrations

<http://www.youtube.com/watch?v=BNgs2qHYTdA>

[http://www.youtube.com/watch?v=oK4n6eZZb\\_g](http://www.youtube.com/watch?v=oK4n6eZZb_g)

<http://www.youtube.com/watch?v=UjtNhsucBYE>

[http://www.youtube.com/watch?v=4AJTy\\_oC068](http://www.youtube.com/watch?v=4AJTy_oC068)

<http://www.youtube.com/watch?v=w-LY501tYx0>

